

Menu

17th February 2025 – 16th March 2025

- *Please make your choice and return your order form to the driver
- *If you prefer you can call 01843 223881
- *Please select meal **A** or ***B (*Vegetarian)**
- *Please choose a pudding if you would like to receive one. `

***Meals are £10 including a pudding.**

PLEASE NOTE

- *Our delivery period is between 11.30am – 2.30pm, unfortunately we are unable to guarantee a time slot**
- *Meals must be delivered; we are unable to leave outside.**
- *PLEASE RETURN OUT CONTAINERS**

- *Our food is prepared where nuts, gluten and other allergies could be present.
- *Our menu descriptions cannot always include all ingredients.
- *We use fresh, locally sourced, seasonable vegetables
- *We cannot commit to exact types

If you have a food allergy, please let us know before ordering.

Full allergen information is available

Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain bones.

Name:

Address:
.....

Tel. No:

Any food Allergies: Y/N if Yes please specify

SALAD BOXES £6

We offer a choice of **HAM, CHEESE**, salads with:

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

**Salads can now be considered as a meal alternative
if you do not fancy a hot meal pick me!**



	I A	B			
MONDAY 17th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SHEPERD’S PIE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE SHEPERD’S PIE WITH TWO SEASONAL VEG					
PUDDING – RICE PUDDING					
TUESDAY 18th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN STEW WITH TWO SEASONAL VEG					
MEAL B - VEGGIE CHICKEN STEW WITH TWO SEASONAL VEG					
PUDDING – BANANA CUSTARD					
WEDNESDAY 19th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE PIE WITH ALL THE TRIMMINGS					
PUDDING – ANGEL DELIGHT					
THURSDAY 20th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – PORK GOULASH WITH SEASONAL VEG					
MEAL B –VEGGIE GOULASH					
PUDDING – ETON MESS					
FRIDAY 21st	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH PIE WITH SEASONAL VEG					
MEAL B – VEG NUGGETS WITH SEASONAL VEG					
PUDDING – FRUIT AND CREAM					
MONDAY 24th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>EVE</u>
MEAL A – MINCE WITH RICE AND CARROTS					
MEAL B- VEGGIE MINCE WITH RICE AND CARROTS					
PUDDING-CHEESE CAKE					
TUESDAY 25th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN CURRY WITH RICE AND NAAN BREAD					
MEAL B- VEGGIE CURRY WITH RICE AND NAAN BREAD					

PUDDING – BANANA CUSTARD	<u>A</u>	<u>B</u>	<u>SALA</u> <u>D</u>	<u>Pud</u>	<u>Eve</u>	
WEDNESDAY 26th						
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS						
MEAL B- VEGGIE PIE WITH ALL THE TRIMMINGS						
PUDDING –ANGEL DELIGHT	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>	
THURSDAY 27th						
MEAL A- PORK STOGANOFF WITH SEASONAL VEG						
MEAL B – VEGGIE VERSION OF ABOVE						
PUDDING – ETON MESS	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>	
FRIDAY 28th						
MEAL A -FISH WITH SAUTEED POTATOES WITH SEASONAL VEG						
MEAL B – VEGGIE NUGGETS AND MASH WITH TWO VEG						
PUDDING - CHERRY ALMOND CAKE AND CREAM	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>	
MONDAY 3rd						
MEAL A- CHICKEN CURRY WITH RICE AND NAAN BREAD						
MEAL B – CAULIFLOWER CURRY WITH RICE AND NAAN BREAD						
PUDDING – FRUIT AND CREAM	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>	
TUESDAY 4th						
MEAL A- TRADITIONAL ROAST DINNER WITH ALL THE TRIMMINGS						
MEAL B- VEG PIE TOPPED WITH SWEET POTATOES & TWO VEG						
PUDDING – RICE PUDDING	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>	
WEDNESDAY 5th						
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS						
MEAL B- VEGGIE PIE WITH ALL THE TRIMMINGS						
PUDDING – ANGEL DELIGHT						
THURSDAY 6th	<u>A</u>	<u>B</u>	<u>SALA</u> <u>D</u>	<u>Pud</u>	<u>Eve</u>	
MEAL A- SWEET AND SOUR PORK WITH RICE AND SEASONAL VEG						
MEAL B- VEGGIE STIR FRY						
PUDDING –ETON MESS						

FRIDAY 7th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- TUNA PASTA IN TOMATO SAUCE					
MEAL B – VEGGIE PASTA BAKE					
PUDDING – FRUIT AND CREAM					
MONDAY 10th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – CHILLI CON CARNE WITH RICE AND SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING – CHEESECAKE					
TUESDAY 11th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN AND VEG PASTA WITH CREAMY SAUCE					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING – BANANA CUSTARD					
WEDNESDAY 12th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- TRADITIONAL ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEG PIE TOPPED WITH ALL THE TRIMMINGS					
PUDDING – ETON MESS					
THURSDAY 13th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE AND MASH WITH ONION GRAVY AND VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING – BANANA CUSTARD					
FRIDAY 14th					
MEAL A- FISH PIE WITH SEASONAL VEG	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL B- VEG PIE TOPPED WITH ALL THE TRIMMINGS					
PUDDING – RICE PUDDING					

Fancy Afternoon Tea

Fridge ready!

We deliver at the same time as your hot meal delivery,

Sandwiches, fresh fruit and cake/biscuits

Ham and Mustard

Cheese and Pickles

Vegetarian Option: Please specify

Brown/White Bread: Please specify



Containers

- Our containers **ARE** now microwavable, including the small black dessert ones.
- The containers **CAN NOT** go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.
- **Please return rinsed containers to the driver, we sterilise and reuse them to help**

the environment

- **NOT SUITABLE FOR THE OVEN**

Not ready to eat at the time of delivery, please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later

Please only reheat this once to avoid any food poisoning.

Should you wish to make any changes to your menu, please let us know at your earliest convenience.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

