

#### Menu

#### 17<sup>th</sup> March 2025 – 11<sup>th</sup> MAY 2025

- \*Please make your choice and return your order form to the driver
- \*If you prefer you can call 01843 223881
- \*Please select meal A or \*B (\*Vegetarian)
- \*Please choose a pudding if you would like to receive one.

#### \*Meals are £10 including a pudding.

#### **PLEASE NOTE**

- \*Our delivery period is between 11.30am 2.30pm, unfortunately we are unable to guarantee a time slot
- \*Meals must be delivered; we are unable to leave outside.
- \*PLEASE RETURN OUT CONTAINERS
- \*Our food is prepared where nuts, gluten and other allergies could be present.
- \*Our menu descriptions cannot always include all ingredients.
- \*We use fresh, locally sourced, seasonable vegetables
- \*We cannot commit to exact types

bones.

If you have a food allergy, please let us know before ordering.

Full <u>allergen</u> information is available

Meal B is suitable for vegetarians (V). Dishes with fish and chicken may contain

Age UK Thanet, Randolph House, Zion Place, Margate, KentCT9 1RP

Telephone: 01843 223881

Approved: CEO Version:0002 Reviewed: Sept 24

### **SALAD BOXES £6**

We offer a choice of HAM, CHEESE, salads with

- A roll and butter
- Coleslaw and Potato Salad
- Variety of salad including:

Lettuce, tomato, cucumber, peppers, onions, carrot and maybe even radishes, beetroot, and cress.

# Salads can now be considered as a meal alternative if you do not fancy a hot meal pick me!



Meal A	Meal B	Salad	Pud	Evening

Age UK Thanet, Randolph House, Zion Place, Margate, KentCT9 1RP

MONDAY 17 <sup>th</sup> March 2025	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – SHEPERDS PIE WITH TWO SEASONAL VEG					
MEAL B – VEGGIE SHEPERDS PIE WITH TWO SEASONAL VEG					
PUDDING - RICE PUDDING					
TUESDAY 18th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – CHICKEN STEW WITH TWO SEASONAL VEG					
MEAL B - VEGGIE CHICKEN STEW WITH TWO SEASONAL VEG					
PUDDING – BANANA CUSTARD					
WEDNESDAY 19th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A – ROAST DINNER WITH ALL TRIMMINGS					
MEAL B – VEGGIE PIE WITH ALL TRIMMINGS					
PUDDING - ANGEL DELIGHT					
THURSDAY 20 <sup>th</sup>	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A -PORK GOULASH WITH SEASONAL VEG					
MEAL B -VEGGIE GOULASH WITH SEASONAL VEG					
PUDDDING - FRUIT AND CREAM					
FRIDAY 21st	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH PIE WITH SEASONAL VEG					
MEAL B – VEG NUGGETS WITH SEASONAL VEG					
PUDDING – LEMON MERINGUE PIE					
SATURDAY 22nd – ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 23rd - ONLY PACK UP MEALS DELIVERED ON FRIDAY	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A -SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

MONDAY 24th MARCH					
MONDAT 24 MARCH					
MEAL A -MINCE WITH RICE AND CARROTS	<u>A</u>	<u>B</u>	<b>Salad</b>	<u>Pud</u>	<b>Eve</b>
MEAL B- VEGGIE MINCE WITH RICE AND CARROTS					
PUDDING- CHEESE CAKE					
	<u>A</u>	<u>B</u>	SALA	<u>Pud</u>	<u>Eve</u>
TUESDAY 25th			<u>D</u>		
MEAL A- CHICKEN CURRY WITH RICE AND NAAN BREAD					
MEAL B- VEGGIE CURRY WITH RICE AND NAAN BREAD					
PUDDING – BANANA CUSTARD					
WEDNESDAY 26th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B- VEGGIE VERSION OF ABOVE					
PUDDING - ANGEL DELIGHT					
THURSDAY 27th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- PORK STROGANOFF WITH SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDDNG – ETON MESS					
FRIDAY 28th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A -FISH WITH SAUTEE POTATOES AND SEASONAL VEG					
MEAL B – VEGGIE NUGGETS WITH SAUTEE POTATOES WITH SEASONAL VEG					
PUDDING - CHEESE CAKE					
SATURDAY 29th – PACK UP ONLY ( DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 30th PACK UP ONLY ( DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- SANDWICH AND PACK UP					
MEAL B- VEGGIE SANDWICH AND PACK UP					
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MONDAY 31st MARCH	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN CASSEORLE WITH NEW POTATOES AND SEASONAL VEG					
MEAL B- VEGGIE CASSEROLE WITH NEW POTATOES AND SEASONAL VEG	_				
PUDDING - FRUIT AND CREAM	-				
TUESDAY 1sr APRIL	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- SAUSAGE AND MASH WITH SEASONAL VEG	=				
MEAL B – VEGGIE VERSION OF ABOVE	=				
PUDDING - RICE PUDDING	=				
WEDNESDAY 2 <sup>nd</sup> APRIL	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS	=				
MEAL B – VEGGIE PIE WITH ALL THE TRIMMINGS	-				
PUDDING- ANGEL DELIGHT	=				
THURSDAY 3 <sup>rd</sup> APRIL	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<b>Eve</b>
MEAL A- SWEET AND SOUR PORK WITH RICE AND SEASONAL VEG	_				
MEAL B- VEGGIE STIR FRY	-				
PUDDING - ETON MESS	-				
FRIDAY 4th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<b>Eve</b>
MEAL A- TUNA PASTA IN TOMATO SAUCE	_				
MEAL B- VEGGIE PASTA BAKE					
PUDDING - POUND CAKE	_				
SUNDAY 5th PACK UP ONLY ( DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- SANDWICH AND PACK UP	_				
MEAL B- VEGGIE SANDWICH AND PACK UP	_				
	_				
SUNDAY 6th PACK UP ONLY ( DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<b>Eve</b>
MEAL A- SANDWICH AND PACK UP	-				
MEAL B- VEGGIE SANDWICH AND PACK UP	-				

MONDAY 7 <sup>th</sup> APRIL	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHILLI CON CARNE WITH RICE AND SEASONAL VEG	-				
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING - CHEESECAKE					
TUESDAY 8th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN AND VEG PASTA WITH CREAMY SAUCE	-				
MEAL B- VEGGIE VERSION OF ABOVE					
PUDDING - BANANA CUSTARD					
WEDNESDAY 9th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- TRADITIONAL ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEG PIE TOPPED WITH ALL THE TRIMMINGS					
PUDDING - ETON MESS					
THURSDAY 10 <sup>th</sup>	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – SAUSAGE AND MASH WITH ONION GRAVY AND VEG					
MEAL B – VEGGIE OPTION AS ABOVE					
PUDDING – APPLE CRUMBLE					
FRIDAY 11th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A – FISH PIE WITH SEASONAL VEG					
MEAL B – VEG PIE TOPPED WITH ALL THE TRIMMINGS					
PUDDING - RICE PUDDING					
SATURDAY 12th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 13th PACK UP ONLY ( DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<b>Eve</b>
MEAL A – SANDWICH AND PACK UP					
MEAL B - VEGGIE SANDWICH AND PACK UP					

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MONDAY 14th APRIL	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SHEPERD'S PIE WITH TWO SEASONAL VEG					
MEAL B- VEGGIE SHEPERD'S PIE					
PUDDING – LEMON MERINGUE PIE					
TUESDAY 15 <sup>th</sup>	<u>A</u>	<u>B</u>	Salad	Pud	<u>Eve</u>
MEAL A- CHICKEN STEW WITH TWO SEASONAL VEG					
MEAL B- VEGGIE CHICKEN STEW WITH TWO SEASONAL VEG					
PUDDING – BANANA CUSTARD					
WEDNESDAY 16th	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS				Pud	
MEAL B – VEGGIE PIE WITH ALL THE TRIMMINGS					
PUDDING – ANGEL DELIGHT					
THURSDAY 17th  MEAL A – PORK GOULASH WITH SEASONAL VEG	<u>A</u>	<u>B</u>	Salad Salad	<u>Pud</u>	<u>Eve</u>
MEAL B – VEGGIE GOULASH WITH SEASONAL VEG					
PUDDING – ETON MESS					
FRIDAY 18th	A	В	Solod	Pud	Eve
MEAL A – FISH PUE WITH SEASANOL VEG		Ð	Salad	1 uu	Eve
MEAL B – VEG NUGGETS WITH SEASONAL VEG					
PUDDING - FRUIT CREAM					
SATURDAY 19th PACK UP ONLY ( DELIVERED ON FRIDAY )	<u>A</u>	<u>B</u>	Salad	Pud	Eve
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 20th PACK UP ONLY ( DELIVERED ON FRIDAY )	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

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MONDAY 21st APRIL	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- MINCE WITH RICE AND CARROTS					
MEAL B- VEGGIE MINCE WIRH RICE AND CARROTS					
PUDDING - CHEESE CAKE					
TUESDAY 22 <sup>nd</sup>	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- CHICKEN CURRY WITH RICE AND NAAN BREAD					
MEAL B- VEGGIE CURRY WITH RICE AND NAAN BREAD					
PUDDING – BANANA CUSTARD					
WEDNESDAY <u>23rd</u>	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE PIE WITH ALL THE TRIMMINGS					
PUDDING - ANGEL DELIGHT					
THURSDAY 24th	<u>A</u>	<u>B</u>	Salad Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – PORK STORGANOFF WITH SEASONAL VEG					
MEAL B – VEGGIE VERSION OF ABOVE					
PUDDING – ETON MESS					
FRIDAY 25th	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – FISH WITH SAUTEED POTATOES WITH SEASONAL VEG					
MEAL B – VEGGIE NUGGETS AND SAUTEES WITH SEASONAL VEG					
PUDDING - CHEESECAKE					
SATURDAY 26 <sup>th</sup> PACK UP ONLY ( DELIVERED ON FRIDAY )	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					
CHNDAN 47th DACK UP ONLY ( DEV WEDER ON EDVE V)					
SUNDAY 27th PACK UP ONLY (DELIVERED ON FRIDAY)	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

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MONDAY 28th APRIL	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	Eve
MEAL A- CHICKEN CASSEROLE WITH NEW POTATOES AND CARROTS	_				
MEAL B- VEGGIE OPION OF ABOVE	_				
PUDDING - CHOCOLATE CAKE	-				
TUESDAY 29 <sup>th</sup>	A	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A- SAUSAGE AND MASH WITH SEASONAL VEG	-				
MEAL B- VEGGIE OPTION OF ABOVE	-				
PUDDING - FRUIT CRUMBLE	-				
WEDNESDAY 30 <sup>th</sup>	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- ROAST DINNER WITH ALL THE TRIMMINGS	=				
MEAL B – VEGGIE PIE WITH ALL THE TRIMMINGS					
PUDDING - ANGEL DELIGHT					
THURSDAY 1st MAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – SWEET AND SOUR WITH RICE AND SEASONAL VEG					
MEAL B – VEGGIE STIR FRY					
PUDDING – ETON MESS					
FRIDAY 2 <sup>nd</sup> MAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A – TUNA PASTA IN TOMATO SAUCE					
MEAL B – VEGGIE PASTA BAKE					
PUDDING - POUND CAKE					
SATURDAY 3 <sup>rd</sup> MAY PACK UP ONLY ( DELIVERED ON FRIDAY )	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – SANDWICH AND PACK UP	_				
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 4th PACK UP ONLY ( DELIVERED ON FRIDAY )	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A -SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP					

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MONDAY 5 <sup>th</sup> MAY	<u>A</u>	<u>B</u>	<u>Salad</u>	<u>Pud</u>	<u>Eve</u>
MEAL A- CHILLI CON CARNE WITH RICE AND SEASONAL VEG					
MEAL B- VEGGIE OPTION OF AVOVE					
PUDDING - CHEESE CAKE	-				
TUESDAY 6th MAY	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- CHICKEN AND VEG PASTA WITH CREAMY SAUCE					
MEAL B- VEGGIE OPTION OF ABOVE					
PUDDING - CHOCOLATE CAKE					
WEDNESDAY 7th MAY	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	Eve
MEAL A- TRADITIONAL ROAST DINNER WITH ALL THE TRIMMINGS					
MEAL B – VEGGIE PIE TOPPED WITH ALL THE TRIMMINGS					
PUDDING – ETON MESS					
THURSDAY 8th MAY	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A – SAUSAGE AND MASH WITH ONION GRAVU AND VEG	_				
MEAL B – VEGGIE OPTION AS ABOVE	_				
PUDDING – APPLE CRUMBLE					
FRIDAY 9 <sup>th</sup> MAY  MEAL A – FISH PIE WITH SEASONAL VEG	<u>A</u>	<u>B</u>	Salad	<u>Pud</u>	<u>Eve</u>
MEAL A - FISH PIE WITH SEASONAL VEG  MEAL B - VEGGIE PIE TOPPED WITH ALL THE TRIMMINGS	_				
PUDDING - RICE PUDDING	-				
SATURDAY 10 <sup>th</sup> MAY PACK UP ONLY ( DELIVERED ON FRIDAY )	<u>A</u>	<u>B</u>			
MEAL A – SANDWICH AND PACK UP	<u></u>	<u> =</u>			
MEAL B – VEGGIE SANDWICH AND PACK UP					
SUNDAY 11th MAY PACK UP ONLY ( DELIVERED ON FRIDAY )	<u>A</u>	<u>B</u>			
MEAL A – SANDWICH AND PACK UP					
MEAL B – VEGGIE SANDWICH AND PACK UP	-				

#### **Afternoon Tea**

#### Fridge ready!

We deliver at the same time as your hot meal delivery, Sandwiches, fresh fruit and cake/biscuits



## **Containers**

- Our containers <u>ARE</u> now microwavable, including the small black dessert ones.
- The containers <u>CAN NOT</u> go into the oven they will melt and are a fire and safety hazard.
- The containers are reusable.
- Please return rinsed containers to the driver, we sterilise and reuse them to help the environment
- NOT SUITABLE FOR THE OVEN

Age UK Thanet, Randolph House, Zion Place, Margate, KentCT9 1RP

Not ready to eat at the time of delivery, please put your food containers in the fridge and then reheat to 75-degree temperature in the microwave later

Please only reheat this **once** to avoid any food poisoning.

Should you wish to make any changes to your menu, please let us know at your earliest convenience.

We would like to thank you for your on-going support.

Any further queries or questions we are happy to help.

Thank you.

Age UK Thanet